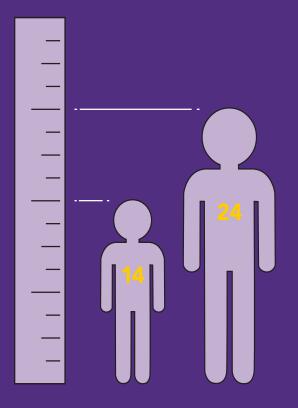
## Prevention



## **HALF**

of all lifetime cases of mental and substance use disorders

begin by age 14

3/4 by age 24<sup>1</sup>

The first symptoms typically precede a mental and/or substance use disorder by two to four years,<sup>2</sup> offering a window of opportunity to intervene early and often

<sup>&</sup>lt;sup>1,2</sup> The National Academies. (2009). Preventing Mental, Emotional, and Behavioral Disorders among Young People Progress and Possibilities. Retrieved September 7, 2012, from http://www.bocyf.org/prevention\_policymakers\_brief.pdf, p. 1.